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Ms. Barklow

Monsters & Misfits - Gold 1

5/20/19

### Research Summary

In American Horror Story, there are multiple seasons. I am taking the first season, Murder House, and making it my own. The main character will be a psychologist who bonds heavily with his 3 first patients. All 3 of the patients will have very deep problems inside their heads and all of their problems will start to trouble him. Their problems will stick inside his head and mess up his thoughts and brain as well.

“Psychology.”\*

Psychology is a way for people to get inside other people's heads to change their thoughts or views on ideas. Sometimes using psychology is for the better, but also there are times it can be used to harm or scare. In American Horror Story, the patients used psychology through their actions to cause fear and anticipation towards the viewers. They were also controlled by the house and people in it. Some of the patients didn't know what was going on, while others knew exactly what they were dealing with.

“It Can't Be Me! Fear and Anxiety in the Light of R. G. Collingwood's Theory.”\*

Fear is a passion for some people, they love to be in fear. It can alter their thoughts and feelings and change them as people. Sometimes traumatic experiences can cause those changes in thoughts and feelings. Traumatic experiences can be described as a form of fear. Dark scenes from movies or dark moments in people's lives are the ones that change them the most as people.

Whatever gets in your head becomes your life. Some people turn into their fears as they grow up, it makes them who they are as people.

“Gaslighting, Betrayal and the Boogeyman: Personal Reflections on the American Psychological Association, PENS and the Involvement of Psychologists in Torture.”\*

Gaslighting is taking psychology, and pushing it to its limit. You use psychology to inflict fear on people. By inflicting fear on people they are more enticed to pay attention. TV shows like American Horror Story take fear and use it to psychologically capture the attention of the public. In my adaptation, the main character will be a literal psychologist whose job will be to psychologically remove his patients fears (or at least try to help get rid of them). But to remove those fears he must learn about them, and by doing so he will learn about the effects of gaslighting.

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